



96-well Serum/Plasma Fatty Acid Kit

Non-Esterified Fatty Acids Detection

100 point kit

Cat# SFA-1

INSTRUCTION MANUAL ZBM0021.03

STORAGE CONDITIONS

- **Reagents & Buffers:** 4°C
- **Blank assay plates (96-well):** Room Temperature

All Zen-Bio Inc products are for research use only. Not approved for human or veterinary use or for use in diagnostic or clinical procedures.

LIMITED PRODUCT WARRANTY

This warranty limits our liability to replacement of this product. No other warranties of any kind, expressed or implied, including without limitation, implied warranties of merchantability or fitness for a particular purpose, are provided by Zen-Bio, Inc. Zen-Bio, Inc. shall have no liability for any direct, indirect, consequential, or incidental damages arising out of the use, the results of use, or the inability to use this product.

ORDERING INFORMATION AND TECHNICAL SERVICES

- **Zen-Bio, Inc.**
- **3200 Chapel Hill-Nelson Blvd., Suite 104**
- **PO Box 13888**
- **Research Triangle Park, NC 27709**
- **Telephone** (919) 547-0692
- **Facsimile (FAX)** (919) 547-0693
- **Toll Free** 1-866-ADIPOSE (866)-234-7673
- **Electronic mail (e-mail)** information@zen-bio.com
- **World Wide Web** <http://www.zenbio.com>

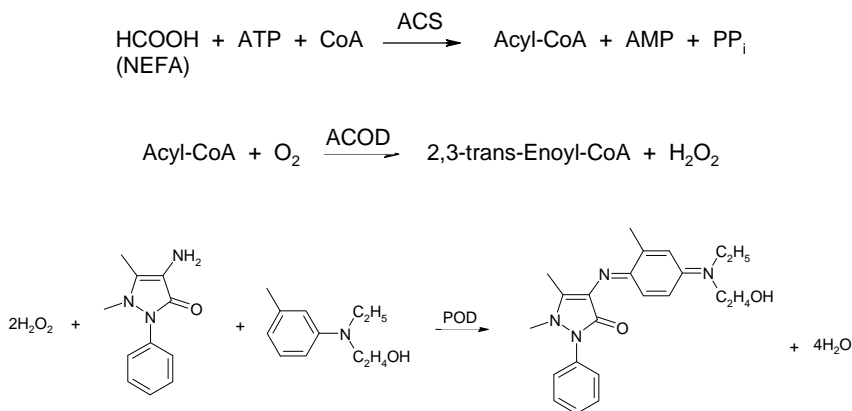
INTRODUCTION

This kit is designed to accurately determine the amount of free fatty acid present in blood, serum or plasma of humans, mice, rats, and other animals in a 96-well format for increased throughput analysis. Blood can be collected in plain evacuated tubes or in the presence of common anti-coagulants: sodium citrate, ammonium oxalate and EDTA. **NOTE: Heparin or Heparinized tubes should not be used because this will generate inaccurate readings.** Serum should be separated from clotted blood by centrifugation as soon as possible and may be stored frozen (-20°C) prior to analysis.

PRINCIPLE OF THE ASSAY

Assessment of serum fatty acids is through a coupled reaction to measure non-Esterified fatty acids (NEFA). The initial step, carried out by acyl-CoA synthetase (ACS), produces fatty acyl-CoA thiol esters from the NEFA, ATP, Mg, and CoA in the reaction.

The acyl-CoA derivatives react with oxygen in the presence of acyl-CoA oxidase (ACOD) to produce hydrogen peroxide. Hydrogen peroxide in the presence of peroxidase (POD) allows the oxidative condensation of 3-methyl-N-ethyl-N-(β-hydroxyethyl)-aniline with 4-aminoantipyrine which forms a purple product that absorbs light at 550nm. This allows the concentration of NEFA to be determined from the optical density measured at 540 - 550nm.



ITEMS INCLUDED IN THE KIT

ITEM	DESCRIPTION	Cap Color	UNIT	QTY	STORAGE
Assay Plate, Plate	96-well assay plate, blank	---	PLATE	2	-----
Dilution Buffer	12 ml	---	BOTTLE	1	4°C
FFA Standard	1mM Stock. See page 3 for standard curve preparation	AMBER	100 µl / VIAL	1	4°C
FFA Diluent A		YELLOW LABEL	10.5ML	1	4°C
FFA Diluent B		PINK LABEL	5.5ML	1	4°C
FFA Reagent A	Reconstitute using 10.5 ml FFA Diluent A. Discard remainder after 10 days	YELLOW LABEL	BOTTLE	1	4°C
FFA Reagent B	Reconstitute using 5.5 ml FFA Diluent B. Discard remainder after 10 days	PINK LABEL	BOTTLE	1	4°C
Tray	For multi-channel pipetters, clear polyvinyl	CLEAR	EACH	2	-----

Other equipment/reagents required but not provided with the kit:

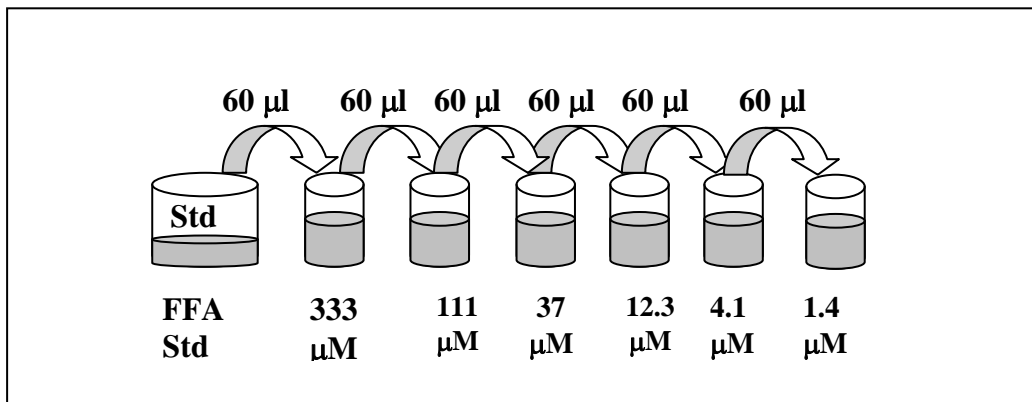
- Multi-channel Pipet , single channel pipet and pipet tips
- Plate reader with a filter of 540 nm
- Incubator at 37°C
- Large gauge needle
- Tubes for dilution of standards

ASSAY PROCEDURE

1. Prepare the standard curve using the STANDARD SOLUTION as follows:

Briefly spin down the contents of the free fatty acid standard tube before reconstitution. Standards are: 0, 1.4, 4.1, 12.3, 37, 111, and 333 μM fatty acid. Prepare as follows:

The kit standard solution is the 1.0 mM standard. Pipette 120 μl of Dilution Buffer into 6 tubes (not provided). Pipette 60 μl of the FFA Standard Stock into a tube labeled 333 μM . Prepare a dilution series as depicted below. Mix each new dilution thoroughly before proceeding to the next. The Dilution Buffer alone serves as the zero standard.



Note: The above dilution series generates enough volume to perform the standard curve in duplicate. If you wish to perform the standard curve in duplicate, please note that seven fewer data points can be assayed with this kit.

2. Also at this time prepare the FFA Reagent A by adding 10.5ml FFA Diluent A per bottle and gently invert. DO NOT VORTEX! Store any remaining solution at 2-8°C; it is stable for 10 days after reconstitution refrigerated (2-8°C).
3. Add 5 μl (or 1 - 10 μl) of serum or plasma to a well of Plate A. Add dilution buffer to each well to total 50 μl including serum or plasma sample. **THIS RESULTS IN A 10x DILUTION OF YOUR SAMPLE (5 μl in 50 μl).** Add 50 μl of each standard to empty wells (use PLATE B if necessary).
4. Add 10.5 ml of the reconstituted FFA Reagent A to one of the disposable trays provided in the kit. Add 100 μl of FFA Reagent A to each well. Gently shake the plate to ensure mixing. Place in a 37 °C incubator for 10 minutes.
5. Prepare the FFA Reagent B by adding 5.5ml FFA Diluent B per bottle and gently invert. DO NOT VORTEX! Store any remaining solution at 2-8°C; it is stable for 10 days after reconstitution refrigerated (2-8°C).
6. Add 5.5 ml of the reconstituted FFA Reagent B to the other disposable tray provided in the kit. Add 50 μl of FFA Reagent B to each well. Gently shake the plate to ensure mixing. Place in a 37 °C incubator for 10 minutes.
7. Allow the plate to equilibrate to room temperature for 5 minutes. During this time, ensure that there are no bubbles in the solution mixture. Use a large gauge needle or clean pipet tip to pop any bubbles as this will result in inaccurate absorbance readings.
8. The optical density of each well is then measured at 540 nm.

FATTY ACID STANDARD CURVE

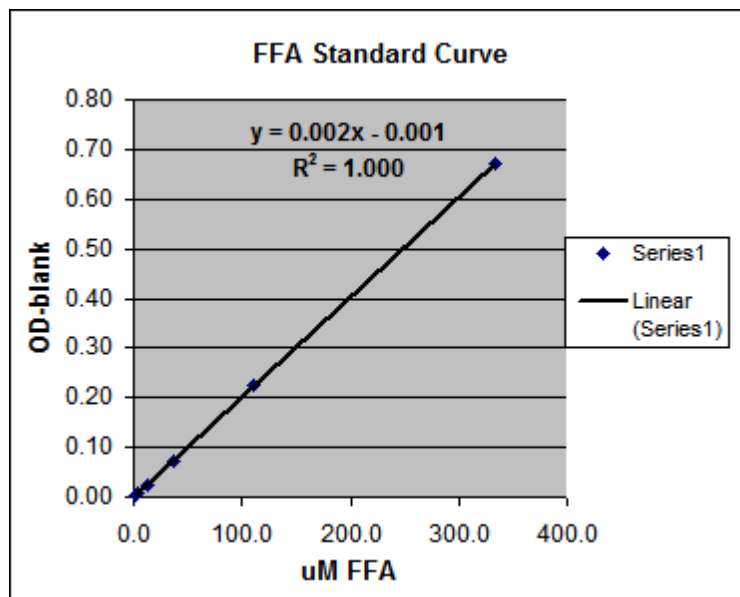
Generate standard curve: see example below

[DO NOT use this standard curve to generate your data. This is an example.]

Subtract the OD value of the 0 μ M standard from all OD values including the standard curve. . Note: 1mM standard is commonly omitted from analysis due to lack of linearity between 333 μ M and 1mM. Optionally, a 4-parameter fit may be used to calculate standard curve.

uM FFA	OD	OD	OD-blank	OD-blank	Avg OD-blank
0	0.05	0.048			0.049
1.4	0.051	0.053	0.002	0.004	0.003
4.1	0.056	0.058	0.007	0.009	0.008
12.3	0.070	0.075	0.021	0.026	0.024
37	0.119	0.122	0.070	0.073	0.072
111	0.274	0.277	0.225	0.228	0.227
333	0.689	0.750	0.640	0.701	0.671

Slope	0.002
Intercept	-0.001
R ²	1.000



y = observed O.D. minus the blank

x = concentration of FFA in μ M

To calculate x for each y, (i.e. to change the observed O.D. into FFA concentration) use the following equation:

$y = (\text{slope}) \times (x) + \text{intercept}$

$y = mx + b$ so $x = (y - b) / m$

$x = (y - (-0.001)) / 0.002$ where 0.002 = slope of the line and -0.001 = y intercept. Be careful to enter the proper sign for the y intercept value as it may be a negative number.

Data are expressed as μ M free fatty acids.

REMEMBER TO ACCOUNT FOR THE DILUTION FACTOR IN STEP 3.

OPTION: express data as Fold induction over appropriate vehicle

$$\text{Fold induction} = \frac{\mu\text{M free fatty acids SAMPLE}}{\mu\text{M free fatty acids VEHICLE}}$$

The R² value should be equal or greater then 0.98 for the standard curve to be valid. Any R² values below 0.98, must have the standard curve run again.

APPENDIX A: PLATE LAYOUT

H	G	F	E	D	C	B	A	
								1
								2
								3
								4
								5
								6
								7
								8
								9
								10
								11
								12

APPENDIX B: SFA-1 PROCEDURE FLOWCHART

ON DAY OF ASSAY

Add 5 μ l/well test sample and 45 μ l/well dilution buffer to one of the blank assay plates provided.
Add 50 μ l/well diluted standard curve to empty wells



Reconstitute FFA Reagent A using Diluent A.
Add 100 μ l/well. Incubate 10 minutes @ 37°C.



Reconstitute FFA Reagent B using Diluent B.
Add 50 μ l/well. Incubate 10 minutes @ 37°C.

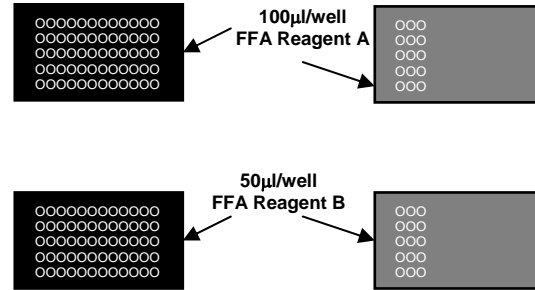
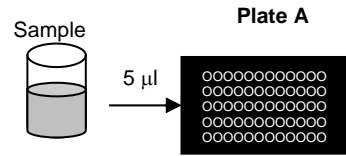


Place at room temp. for 5 minutes. Pop any bubbles in each well using a clean pipet tip or large gauge needle.



Measure the optical density of each well at 540 nm using a spectrophotometer plate reader.

Reminder: Sample was diluted in Step 3



An additional plate may be necessary for the assay of standards if all 96 wells of Plate A are used.